



## EXPLORING MEDITERRANEAN CUISINE AND CULTURE

Tori Avey is the creator of the popular cooking and lifestyle blog [ToriAvey.com](http://ToriAvey.com). She explores Mediterranean cuisine and culture, Jewish recipes, food history, and more. Tori has become a trusted authority on Mediterranean and Jewish cuisine, and her site reaches many millions of readers globally each year. Visitors to [ToriAvey.com](http://ToriAvey.com) can browse through hundreds of authentic and well-tested recipes for the adventurous home cook, as well as cooking tutorials and tips for enjoying a healthy, balanced lifestyle.

Tori also serves on the International Executive Committee of [Genius 100 Visions](#), an active and engaged community inspired by the life and work of Albert Einstein. The organization brings together exceptionally imaginative, accomplished, and compassionate minds to re-imagine the future - including luminaries such as Ruth Bader Ginsburg, Deepak Chopra, Frank Gehry, Ridley Scott, Obiageli Ezekwesili, and Barbra Streisand.

Tori's food writing, recipes and photography have appeared in several major publications including PBS, Parade, Bon Appetit and Williams-Sonoma. She is a recurring expert guest on Cooking Channel's *Food: Fact or Fiction* and has appeared on dozens of TV shows including Hallmark's *Home and Family*, *Daytime*, *NBC Today in LA*, *Weekend Today in New York*, *Fox Good Day New York*, and *Martha Stewart Living Radio*. Tori has been a speaker at BlogHer Food, IFBC, and the Smithsonian in Washington DC. She was featured on the New York Times "What We're Reading" List.

*"Tori Avey weaves delectable tales with delicious recipes to create the perfect balance of wit, wisdom, and wonderment. She brings our culinary history to life and inspires our modern day kitchens with her timeless recipes. Every morsel is delicious!"*

-Mark Dacascos, The Chairman - Iron Chef America

*"Mediterranean cuisine that sparkles in a California kitchen! Olives, citrus, chickpeas, sesame, lean proteins, wine, laughter, life... these are the ingredients that Tori Avey uses... feels like you're cooking alongside a friend."*

- Michael Twitty, James Beard Award-winning author of *The Cooking Gene*

*"Tori Avey has quickly become one of my very favorite food personalities on the web. She has made me appreciate the history of the foods we eat, and has inspired me to branch out beyond my culinary comfort zone. I absolutely love what she does."*

-Ree Drummond, #1 NYT Bestselling Author of *The Pioneer Woman Cooks*